

**masci** hair&spa

### WELCOME TO MASCI SPA

Taking time out each day to relax and renew is essential to living well.

Here is a haven of escape where you can come to experience total rejuvenation and relaxation.

It's about self-indulgence and well-being.

Discover natural beauty and wellbeing rituals designed to nuture body, mind and soul in harmony.

Our treatments will nourish your whole being leaving you feeling deeply rested and glowing from the inside out.

Masci's philosophy is to create the ultimate experience.

### THE MASCI FAMILY

Founded in 1968 by Francis Masci, *Masci Hair and Spa* originated as a hairdressing business in North Carlton, Melbourne. Today Masci have two locations – a hair salon in Malvern East and a hair salon and day spa in Eltham.

The Masci ethos is about celebrating individuality, having fun and not taking life too seriously.

One thing we are serious about is creating outstanding experiences for our clients and offering the very best hair and spa services in our industry.

### THE SILVANO RANGE

Silvano was Fran Masci's older brother. He was an adventurous boy who loved people and was well loved. He cared deeply for the elderly, and went out of his way to help them where he could. He had an old soul and was tragically taken far too young.

His kindness and empathy is deeply missed, but not in any way forgotten; thus making him the muse for the Silvano collection of products.

Following in the footsteps of Silvano, this brand is dedicated to giving to others and spreading love. All Silvano products are cruelty free, vegan/vegetarian, palm-oil free, and made in Australia.

10% of proceeds from the sale of Silvano organic products go directly to the Salesian Sisters orphanages and schools in Africa, providing young women with life changing food, shelter and education.

www silvano com au



### MASSAGE THERAPY

### HOT STONE MASSAGE – for mind, body and soul

90 min: \$220

One of our most popular relaxing massages which uses hot essential oils and smooth heated hot stones. The heat from stones warms and relaxes the muscles to improve circulation, calm the nervous system and alleviate stress.

### THERAPEUTIC MASSAGE - medium to strong pressure

30 min: \$99 | 45 min: \$135 60 min: \$155 | 90 min: \$195

Using a blend of essential oils, the pressure in this massage is great for releasing muscular fatigue, knots, tension and stress.

### RELAXATION MASSAGE – light to medium pressure

30 min: \$99 | 45 min:\$135 60 min: \$155 | 90 min:\$195

Using a blend of essential oils this soothing massage that will increase circulation and provide deep relaxation, which allows mind and body to recharge and rejuvenate.

Courses available for all massages - book 4 and receive a complimentary 5th massage!

Add a Sauna after your massage to enhance the benefits.



### **BODY RITUALS**

### UPLIFTING GINGER & LIME RITUAL SCRUB

60 min: \$180 | 120 min (includes full body massage): \$315

A unique renewing body treatment that feels like raindrops to the skin as the organic ginger and lime scrub is sprinkled onto it and used to polish the whole body, aiding in skin restoration and better circulation. This is followed by our unique Vichy shower and scalp massage to cleanse and relax, and a mini facial and full body moisturisation to leave your skin glowing and nourished from head to toe! Pure bliss.

### PAPAYA HOLISTIC CLEANSING RITUAL

45 min: \$125

Masci's mineral papaya scrub is applied to the body. Your body will be exfoliated from head to toe with a shower to complete your treatment. This treatment also includes a cleanse, tone and exfoliation of the face. Feel cleansed and pampered!

#### REVITALISING HEAD TO TOE RITUAL

60 min: \$180 | 120 min (includes full body massage): \$315

A facial treatment for the whole body – awaken your skin with a cleansed and velvety result. This healing salt exfoliation uses mineral rich Himalayan pink salts mixed with aromatic oils to uplift and detox the body. Complete your exfoliation with our unique Vichy shower and scalp massage as well as a mini facial and full body moisturisation to leave your skin uplifted and revitalised.

#### DETOXIEVING MUD COCOON RITUAL

75 min: \$190 | 135 min (includes full body massage): \$325

A detoxifying body treatment that includes an all over exfoliation with Masci's ginger and lime scrub combined with hot oil. A deeply cleansing aromatic clay body mask is then lathered onto the body to purify and stimulate on a deeper level. To follow is our unique Vichy shower experience, scalp massage and mini facial, finishing off with a luxurious moisturisation of the body. Leave feeling totally detoxed and relaxed!



### FOR MOTHERS TO BE

# PEACEFUL PREGNANCY MASSAGE - light to medium pressure 30 min: \$99 | 45 min: \$135 | 60 min: \$155 | 90 min: \$195

(Recommended only after the first trimester)

A deeply relaxing gentle massage on our specialised bed that will relax and rejuvenate your changing body. Regular massages during pregnancy are recommended.

# PREGNANCY SIGNATURE FACIAL 30 min: \$99 | 60 min: \$150

(Recommended only after the first trimester)

Revive your complexion with our Masci signature facial which is tailor made to suit all skin types and conditions. It will rejuvenate your skin to reveal a more youthful, softer and smoother appearance and leave you feeling totally relaxed.

### MASCI MUM-TO-BE MASSAGE AND FACIAL

90 min: \$240

(Recommended only after the first trimester)

Combines a peaceful pregnancy massage in our specialised pregnancy beds to ensure the ultimate in comfort and relaxation. Relieves tension in the upper back and alleviates swelling in the hands and feet. This treatment includes a light signature facial to cleanse, tone and moisturise with a gentle scalp massage.

### LUXURY PEDICURE SPA 60 min: \$150

(Recommended only after the first trimester)

Paradise for your hard-working feet! An indulgent pedicure which includes cuticle work, an exfoliation, a mud clay mask treatment and a relaxing foot massage. The perfect way to restore moisture, refresh and energise those tired feet. Complete the pedicure with your chosen nail lacquer.

### HOLISTIC TREATMENTS

# REFLEXOLOGY LYMPHATIC DRAINAGE AND CELLULITE FULL BODY TREATMENT

75 min: \$220

This all over body treatment is designed to enhance the body's own healing process with lymphatic drainage and cellulite stimulation

With the help of multi reflex yin and yang tools, this treatment will stimulate the lymphatic system to eliminate toxins and fat, reduce cellulite and increase endorphins, which can help to lower stress and anxiety levels. It will stimulate the digestive system and increase cellular turn over and blood circulation which will boost your qi (life energy).

#### LUXURYCHAN'BEAUTE FACIAL

75 min: \$220

By using a variety of ying and yang multireflexology tools to stimulate different areas and reflex points on the face, dien chan facial reflexology is said to have potent healing effects for the back, neck, poor digestion, migraines, stress, hormonal imbalances and even mental or emotional conditions such as anxiety or depression. The therapy is also said to enhance sleep quality and boost calmness as well as stimulate facial rejuvenation.

This facial will leave you looking and feeling transformed and enhance your natural radiance – an experience like nothing else.

Pranic Healing and Vibrational Healing available on request \$80 - \$150



'Your face is the mirror of your soul and a reflection of inner balance"

### FACIALS

# MASCI SIGNATURE INDULGENCE FACIAL 30 min: \$99 | 60 min: \$150

Revive your complexion with our Masci signature facial which is specifically designed for your skin's needs. Includes a thorough cleanse and exfoliation, followed by a relaxing facial massage and a hydration mask. This treatment finishes with moisture protection, revealing skin that is instantly plump, dewy and healthy. This facial will leave you feeling relaxed and refreshed.

# REJUVENATING ANTI AGING PEEL 30 min: \$99

A deeply renewing and anti-oxidising peel, suitable for all skin types and all year round. Stimulates the renewal of collagen and elastin leaving your skin feeling refreshed, hydrated, smoother and brighter.

## GINGER & Me MINDFULNESS FACIAL 60 min: \$160

This unique experience features a guided meditation mindfulness session while your mask is on (through large soft headphones) that will allow you to forget the noise of the outside world and focus on calming, refreshing and inspiring your mind. It's ultimately an opportunity to relax and focus on you. At the same time, you'll be achieving optimum skin health with a full facial treatment using the advanced Ginger & Me products including one of four professional-strength masks.

# GINGER & ME PROFESSIONAL PEEL 45 min: \$139

The professional peel works to take your skin to the next level without compromising the classic nuturing elements of Ginger & Me. Using special soothing chill globes, it will invigorate, hydrate and nourish your skin. With two peel options, your therapist can tailor your facial to suit your skin goals.

- All peels can be tailored to your specific needs and extended to 1 hour
- Consultation and skin analysis available on request
- Courses available for all facials: book 4 and receive a complimentary 5th facial

#### TREATMENT ADD-ONS

These are specifically designed to enhance the results of your treatment:

- anti-aging peel/boosters: \$50

- LED light therapy: \$50

- collagen mask/collagen eye mask/collagen lip mask: \$40

enzyme peel for all skin types: \$50hyaluronic acid blended peel: \$45high frequency spot treatment: \$40

- atoxalene firming eye infusion: \$45

- oxygen infusion: \$45

- express energy detoxifying mask: \$45

- rose mask for sensitive skin: \$45

\*Can only be added to facial treatments



### ADVANCED FIRMING FACIALS

O2 OXYGEN FACIAL

75 min with atoxelene: \$210

Pure oxygen and a unique rejuvenation serum is infused into the skin, reducing signs of ageing and the appearance of common skin conditions like acne, rosacea and scarring. This helps to hydrate & plump the skin instantaneously and boost collagen. Includes a cleanse and exfoliation, followed by a relaxing facial massage, mask and moisturiser.

# VITAMIN C RADIANCE FACIAL 60 min: \$180

Our advanced Vitamin C radiance facial is proven to brighten, hydrate and give your skin a healthy glow. Concentrated Vitamin C makes this an effective anti-ageing facial that improves your skin tone, radiance and strengthens collagen and elastin targeting

makes this an effective anti-ageing facial that improves your skir tone, radiance and strengthens collagen and elastin targeting sagging tissue and wrinkles. Includes a cleanse, exfoliation, followed by a relaxing facial massage, mask and moisturiser.

# DERMAPEN SKIN NEEDLING – ANTI AGEING TREATMENT Single session: \$299 | Course of 3: \$279 each Course of 6: \$249 each | In treatment add on: \$60 each area

Dermapen treatments are designed to create a safe healing response within the body to ignite natural collagen and elastin production from within the skin without harsh side effects and downtime, along with repairing the surface layers to result in healthier skin; looking brighter, tighter, more even toned, refined pores and reduced wrinkles.

Treat face, lip area, eye area, ears, neck, chest, hands and scalp with pinpoint precision to promote rapid lifting, firming and toning of facial features and contours. A consultation is required before treatment.



### FOR YOUR FYES ONLY

#### **FYFRROW FFATHERING**

120 min: \$599 | Retouch 90 min: \$125 | Retouch (6-18 months): \$260

Wake up with make up! Eyebrow feathering is a semipermanent technique to enhance the natural appearance of your eyebrows. Involving a technique called micro-blading to implant a safe non-reactive pigment to the skin to create natural looking hair strokes. this technique works in conjunction with your natural hair growth to fill and perfect your shape.

#### WAXING & TINTING

Eyebrow tint \$25 - a simple way to add definition to your brows.

Eyelash tint \$35 – an effective alternative to wearing mascara, darkening and enhancing the appearance of your lashes.

Eyebrow sculpt \$35

Lip wax \$25

Eyebrow sculpt and eyebrow tint \$50

Lip and eyebrow sculpt \$50

Eyelash tint and eyebrow tint \$60

Eyebrow wax, eyebrow tint and eyelash tint \$75

### LASH LIFT

60 min: \$130

This treatment is considered an instant 'root lift' for natural lashes. The lash lift uses silicone moulds to lift lashes to perfection giving the illusion of longer fuller lashes, results lasts 6-8 weeks. Includes eyelash tint.

#### **BROW LAMINATION**

60 min: \$120

This treatment focuses on creating shiny, smooth brows. Lifting the natural brow leaves you with 'feathered' looking eyebrows resulting in lifting the face. Effects lasts 6-8 weeks. Includes eyebrow tint.

### HENNA BROWS 45 min: \$90

Enhances the shape and colour of the eyebrows to achieve a filled in look without any effort. Henna stains the skin as well as the hair to fill in gaps and create a full brow. 100% natural and vegan, derived from native plant. Safe while pregnant and breast feeding.



### BEAUTY. HANDS AND FEET

### MAKE UP from \$120 to \$160

Occasion, formal and bridal makeup available. An additional cost for lashes.

#### WAXING

Brazilian \$65 Female arm wax \$50
Bikini \$50 Female underarm \$35
Female full leg \$75 Male arm wax \$55
Female half leg \$50 Male back wax \$50

### MASCI LUXURIOUS SPA PEDICURE

60 min: \$150

Indulgent pedicure includes deep exfoliation with Masci's organic mineral scrub, mud clay mask treatment and relaxing foot massage. Includes cuticle work and your chosen nail colour.

### MASCI REJUVENATING SPA MANICURE

50 min: \$120

Indulgent anti-ageing hand and nail treatment includes a gentle hand massage and a warm paraffin wax treatment. Includes nail care and choice of nail colour.

Vinylux polish extra \$10. Stronger and longer wearing nail polish that is chip free and lasts for one week.

Removal of SNS or Shellac is an additional \$30. Please advise when booking.

### MULTIBASE TUSCAN SPRAY TAN

20 min: \$59

### INFRARED SAUNA 60 mins: \$40

This dry heat sauna helps to relieve stress and relax the muscles. With benefits such as fat burning, treating asthma, bronchitis and infections and many more, the sauna works to purify the body and remove toxins whilst you unwind in its sanctuary.

Sauna add ons: shower + linen \$10 | bring a friend \$15



### PACKAGES

### TIME FOR ME MASCI

160 min: \$365

Give yourself a makeover. Begin with a 60 minute massage of your choice, followed by a signature facial then into the salon for a wash and blow wave with one of our stylists.

### SPOIL ME MASCI 195 min: \$385

The ultimate total spa experience. Revitalising mineral scrub with Vichy shower and scalp massage, 30 minute back massage and 60 minute Masci signature facial. Total bliss!

# JUST THE TWO OF US / THREE OF US / FOUR OF US 90 min: \$225 per person

Relax and unwind together in our luxurious couples room. Enjoy a 60 minute relaxation or therapeutic massage followed by an express 30 minute mini facial. Receive a complimentary glass of bubbles to finish off the perfect date!

### MASCI ME TIME 105 min: \$199

45 minute wash, blow wave and style, followed by 60 minute makeup.

# 'IT'S MY OCCASION' 105 min: \$220

15 minute speed hairstyle, 60 minute makeup and 30 minute hand and toenail polish.



### SPA ETIQUETTE

#### **RUNNING LATE**

Arriving late may unfortunately lessen the time of your treatment or hair service. We at Masci are dedicated to maintaining a punctual booking system to ensure our therapists and hair stylists are always ready for your appointment.

#### **GIFT VOUCHERS**

Revitalize a partner or a special person and delight them with a tailor made gift voucher. Vouchers valid 36 months from date of purchase. Vouchers are not transferable or cash redeemable. Masci Hair & Spa disclaims any responsibility for lost or stolen vouchers.

#### MINIMUM AGE

Our day spa offers a relaxing environment for you to enjoy your treatments. Children under the age of 12 are not permitted in the day spa unless having a treatment

#### WHAT TO WEAR

Please wear something that is relaxing and comfortable. Disposable underwear is provided for all body treatments.

#### CHECK IN

Please arrive 15 minutes ahead of your appointment time, this allows time for you to relax, drink some of our refreshing tea and prepare for a luxurious experience. To maintain the serenity of the spa, we ask that all mobiles be switched off during the service. Please present all gift certificates at check in.

#### TRADING HOURS

Tuesday, Wednesday, Friday: 10.00am - 6.30pm Thursday: 10.00am - 8.30pm

Saturday: 8.00am - 3.00pm

#### BOOKINGS

Please refer to our website for a full list of all treatments and packages available. A 50% deposit is required for group bookings or packages. Credit card details are required to secure bookings over \$100.

#### CANCELL ATION

24 hours notice is required for cancellation of any Masci treatment, otherwise a \$50 cancellation fee applies. 72 hours notice is required for any group or party booking or a 75% cancellation fee applies.

# HAIR

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### **CUT & FINSH**

women \$80 - \$170 men \$50 - \$75

fringe trim \$25 head shave \$35

### **BLOW-DRY**

short \$55 - \$85 medium/long \$60 - \$95 speed styling \$40 extra styling from \$40

### HAIR UP

formal / trial \$POA hridal \$POA

### TREATMENTS

see our in-salon treatment menu treatments from \$15 - \$60 olaplex from - \$40 be fabulous treatment from \$45

### MAKE UP

\$110 - \$150

chemical systems - \$POA extensions - \$POA body waves - \$POA

### **MALES**

grey blending \$55 hair & scalp treatment \$35

### CREATIVE COLOUR / BALAYAGE

short \$105 - \$170 medium \$115 - \$180 long \$135 - \$250

### TINT / SFMI PERMANENT

short \$95 - \$120 medium \$105 - \$140 long \$115 - \$160 regrowth \$100

### **FOILS**

partline \$90 - \$140 1/2 head \$110 - \$190 3/4 head \$135 - \$210 full head \$165 - \$280

### LIGHTENING

blonding regrowth \$135 -\$290 toner from \$40 colour correction - \$POA

prices are subject to change and may vary according to hair length & density

secondary students receive 15% concession on colour & cut services

children under 12 receive 40% discount on colour & cut services

secondary & children discounts apply only monday to wednesday

